



# WEEKLY OUTFIT PLANNER

---

BY  
IMOGEN LAMPORT

Imogen Lampport's encyclopaedia of colour and style

# inside out style

uncover your style, unleash your confidence



© Weekly Outfit Planner  
Imogen Lampport 2016. Updated 2023.  
All rights reserved.

Reproduction or duplication is strictly prohibited.

You do not have the right to resell, copy, or distribute this guide.

The author and publisher of this guide have used their best efforts in preparing this material. The author and publisher make no representation or warranties with respect to the accuracy, applicability, fitness, or completeness of the contents of this program. They disclaim any warranties (expressed or implied), merchantability, or fitness for any particular purpose. The author and publisher shall in no event be held liable for any loss or other damages, including but not limited to special, incidental, consequential, or other damages.

As always, the advice of a competent legal, tax, accounting or other professional should be sought

## STAY IN TOUCH



Instagram @insideoutstyleblog  
Facebook.com/insideoutstyleblog  
Twitter @imogenlampport  
Pinterest @imogenlampport  
Linked In @Imogen Lampport  
Email: hello@insideoutstyleblog.com

For colour analysis and image consultations: [www.bespokeimage.com.au](http://www.bespokeimage.com.au)  
For personal stylist and personal colour analysis training courses and resources  
[www.aopi.com.au](http://www.aopi.com.au)  
For style and colour tips [www.insideoutstyleblog.com](http://www.insideoutstyleblog.com)

# WEEKLY WARDROBE PLANNER

## How to Use Your Weekly Wardrobe Planner



Just like a meal planner, if you take a little time to plan out your outfits for the week, you will find getting dressed each day a much less stressful experience, and most likely, feel more stylish as you've taken a little time to create an outfit.

There are two parts to this outfit planner document. One is the Weekly Wardrobe Planner – you can print as many of these as you like to plan your outfits week after week.

The other pages are for you to fill in your Favourite Outfits. These are your recipes, they detail everything you need to put together for that fabulous outfit that you'll be wearing sometime soon.

Having a list of favourite outfits means that when you're pushed for time, it's a guide you can fall back on so that you don't have to spend too much time thinking first thing in the morning when you just want to get up and dressed and out the door.

Taking the time to find your favourites and note them down (or you can photograph them too!) means that you have a formula, a recipe for success that you can rely on in the morning.

## Create Your Favourite Outfits

Take the time to play dress ups and create a whole bunch of outfits so you can fill in those favourites. If you're doing [my Evolve Your Style 31-day style challenge](#) you may discover new favourite outfits you can add to your planner (and if you're not doing it, do it as it will help you get more inspired with your style and outfits). Noting them down will really save you time and headaches (as I know how easy it is to forget exactly which shoes you wore with that outfit or which necklace was the one that looked really great. Create those outfit recipes that suit your life and style.

You can print and use as many pages as you like, this set of pages shouldn't limit you to only a few outfits, just print more and fill them in. You may find you need to do seasonal charts and keep them all in a binder, pulling out the correct season as the months roll by.

## Check the Weather and Your Diary

Before you put together your Weekly Wardrobe Plan consider the weather forecast (I know that for where I live it hugely affects what I wear each day) and also what activities you are doing that day, so the outfit you choose is appropriate. If you have an important work meeting you may want to plan to dress up more (and you can also then check that what you plan to wear is laundered and ironed ahead of time). Note down your activities and the forecast for each day of the forthcoming week, then start checking your Favourite Outfits tables to see which outfits you feel would be appropriate for each day.

If you are building a wardrobe from scratch, why not also download my [Wardrobe Capsule guide](#).

## Packing Charts

Planning a trip and need to pack? Use this planner to help you pack effectively in conjunction with my [Wardrobe Capsule guide](#) to create a small, cohesive wardrobe plan for your travels.



# WEEKLY WARDROBE PLANNER

## MONDAY

Weather forecast	Activity/What's On	Top and Outerwear	Bottom	Shoes and Accessories

## TUESDAY

Weather forecast	Activity/What's On	Top and Outerwear	Bottom	Shoes and Accessories

## WEDNESDAY

Weather forecast	Activity/What's On	Top and Outerwear	Bottom	Shoes and Accessories

## THURSDAY

Weather forecast	Activity/What's On	Top and Outerwear	Bottom	Shoes and Accessories

## FRIDAY

Weather forecast	Activity/What's On	Top and Outerwear	Bottom	Shoes and Accessories

## SATURDAY

Weather forecast	Activity/What's On	Top and Outerwear	Bottom	Shoes and Accessories

## SUNDAY

Weather forecast	Activity/What's On	Top and Outerwear	Bottom	Shoes and Accessories

# FAVOURITE OUTFITS

WORK				
Top	Jacket/Cardigan/Layer	Bottom	Accessories	Shoes

WORK				
Top	Jacket/Cardigan/Layer	Bottom	Accessories	Shoes

WORK				
Top	Jacket/Cardigan/Layer	Bottom	Accessories	Shoes

WORK				
Top	Jacket/Cardigan/Layer	Bottom	Accessories	Shoes

WORK				
Top	Jacket/Cardigan/Layer	Bottom	Accessories	Shoes

WORK				
Top	Jacket/Cardigan/Layer	Bottom	Accessories	Shoes

WORK				
Top	Jacket/Cardigan/Layer	Bottom	Accessories	Shoes

# FAVOURITE OUTFITS

## SMART CASUAL

Top	Jacket/Cardigan/Layer	Bottom	Accessories	Shoes

## SMART CASUAL

Top	Jacket/Cardigan/Layer	Bottom	Accessories	Shoes

## SMART CASUAL

Top	Jacket/Cardigan/Layer	Bottom	Accessories	Shoes

## SMART CASUAL

Top	Jacket/Cardigan/Layer	Bottom	Accessories	Shoes

## SMART CASUAL

Top	Jacket/Cardigan/Layer	Bottom	Accessories	Shoes

## SMART CASUAL

Top	Jacket/Cardigan/Layer	Bottom	Accessories	Shoes

## SMART CASUAL

Top	Jacket/Cardigan/Layer	Bottom	Accessories	Shoes

# FAVOURITE OUTFITS

## GOING OUT

Top	Jacket/Cardigan/Layer	Bottom	Accessories	Shoes

## GOING OUT

Top	Jacket/Cardigan/Layer	Bottom	Accessories	Shoes

## GOING OUT

Top	Jacket/Cardigan/Layer	Bottom	Accessories	Shoes

## GOING OUT

Top	Jacket/Cardigan/Layer	Bottom	Accessories	Shoes

## GOING OUT

Top	Jacket/Cardigan/Layer	Bottom	Accessories	Shoes

## GOING OUT

Top	Jacket/Cardigan/Layer	Bottom	Accessories	Shoes

## GOING OUT

Top	Jacket/Cardigan/Layer	Bottom	Accessories	Shoes



# FAVOURITE OUTFITS

## CASUAL

Top	Jacket/Cardigan/Layer	Bottom	Accessories	Shoes

## CASUAL

Top	Jacket/Cardigan/Layer	Bottom	Accessories	Shoes

## CASUAL

Top	Jacket/Cardigan/Layer	Bottom	Accessories	Shoes

## CASUAL

Top	Jacket/Cardigan/Layer	Bottom	Accessories	Shoes

## CASUAL

Top	Jacket/Cardigan/Layer	Bottom	Accessories	Shoes

## CASUAL

Top	Jacket/Cardigan/Layer	Bottom	Accessories	Shoes

## CASUAL

Top	Jacket/Cardigan/Layer	Bottom	Accessories	Shoes

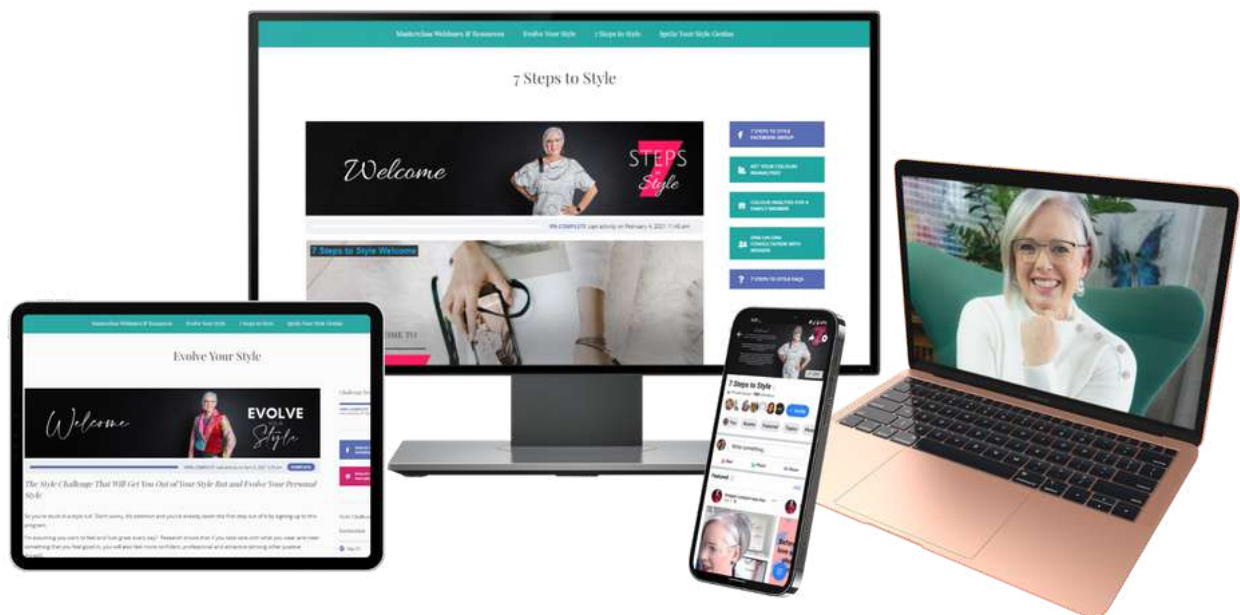
# GET A HEAD START ON DEFINING YOUR STYLE

## Evolve Your Style - 31 Day Challenge

This fun 31 day style challenge that will get you out of your style rut

- Are you stuck in a style rut?
- Do you wish you were a little more adventurous or stylish but are not sure where to start?

**Evolve Your Style** is the ideal place to start discovering your style as you work through fun small daily style challenges which will have you evolving your style in only 31 days.



## 7 Steps to Style System

Discover your unique style so you can save money, feel confident and look fabulous every day! The answers to all your style questions are here!

- Are you sick of wasting money on clothes that don't suit you?
- Would you like a professional opinion on your body shape and colouring?
- Would you like to define your personal style?
- Would you like to know once-and-for-all what really suits you?
- Would you like to feel confident and discover your true beauty?

Then **7 Steps to Style** is the right next step on your journey to style. It's the most comprehensive and individualised program available that will assist you in discovering what really works for you so you are empowered and confident when you shop. You learn how to put together outfits that really work for you, your body, your colouring and your values along with my professional opinion to ensure that you get it right. Start feeling great about your style and see the positive impact it has on your life (and wallet). Would you love to finally find your style and stop wasting money on the wrong clothes then [click here](#).

Plus we have so many great style resources in our shop to help you become more stylish every day. [Check out our shop](#).